

Regarding travel to outbreak areas and special online classes for the start of next year

December 14, 2020

To all students

Student and Educational Affairs Division

Many of you may be planning to return home for the New Year's holiday. However, as you know from the media, the number of new COVID-19 infections is increasing rapidly both nationwide and in Kochi Prefecture. Therefore, as detailed below, we have decided to establish movement restrictions on leisure travel to outbreak areas. Furthermore, for a period at the start of next year, we will restrict on face-to-face classes and prohibit extracurricular activities.

1 Movement restrictions for travel to outbreak areas

(1) As detailed below, we have specified "outbreak areas" and ask that students refrain from travel to these areas.

- Travel subject to restrictions: All travel for leisure purposes, including personal travel, job hunting, extracurricular activities, academic conference participation, etc. (includes day trips)
- Restriction details: If you must travel to an outbreak area (excluding Kochi Prefecture) due to unavoidable circumstances, stay at home and monitor your health for a period of 14 days, with the day following your return to Kochi Prefecture counted as the first day.
 - * For your face-to-face classes, submit a notice of absence and follow instructor directions for assignments, recorded video lessons, etc.
- Restriction period: From December 14th (Monday) until an undecided date.

Outbreak areas

Prefectures where the number newly infected per 100,000 people is 15 or greater

* Each Friday, the relevant areas will be posted on the university website (under "Response to the Coronavirus (COVID-19)"), with restrictions applying to trips to that area for a period of 7 days from the following Monday (from Monday to Sunday).

Outbreak areas for the period from 12/14 (Mon) to 12/20 (Sun): Hokkaido, Tokyo, Aichi, Osaka, Hyogo, Kochi, and Okinawa prefectures

* Outbreak area criteria may be subject to change.

- (2) If according to the above criteria, Kochi Prefecture is considered an outbreak area (currently as of 12/11, it is considered an outbreak area), we ask that you refrain from travel to locations outside of Kochi Prefecture. Furthermore, if you must travel to an outbreak area (excluding Kochi Prefecture) due to inevitable circumstances, you must self-quarantine at home for 14 days.

2 Returning home for the New Year's holidays

When returning to your parents' home, etc. for the New Year's holiday, please see "5 Behavior during the new year's holiday" and take ample infection prevention measures.

- If you are returning to an outbreak area, you will be subject to "1 Movement restrictions for leisure travel to outbreak areas." If you plan to return home, please see "3 Special online classes for the start of next year" and adjust the date of your return to Kochi Prefecture so that your 14-day self-quarantine ends before the start of face-to-face classes.
- If Kochi Prefecture is an outbreak area (currently as of 12/11, it is considered an outbreak area), there is a risk that you will become an infection source. When you return to home for the New Year's holiday, refrain from dining with non-family members, and pay strict attention to your behavior.
- If you experience fever or other signs of illness, adjust the date of your return to Kochi Prefecture so that you return after symptoms have subsided.

3 Special online classes for the start of next year

Many students are expected to travel from various locations following their return home for the holiday, etc. At the start of next year, classes will generally be held online, except for classes that require face-to-face class time such as laboratory and practical training courses. Your instructors will contact you with further information on how the courses you are taking will be handled.

- In general, online classes will be held from January 7th (Thu) to January 15th (Fri) of 2021 (Reiwa 3)
- The above period is intended to also serve as a self-monitoring period before face-to-face classes resume from January 18th (Monday). For this reason, even if you return home for the holiday, please return to Kochi Prefecture by January 6th (Wed), when the winter holiday ends.
- If you will have trouble taking online classes at home due to problems with your network environment, etc., we will provide access to university workstation rooms and classrooms labeled as self-study rooms (planned for Kami Campus Building A

and B and Eikokuji Campus). These rooms will also be available for the above period.

- Your course instructors will provide you with further details and instructions.
- For the above period, laboratory activities are permitted under the sufficient infection prevention measures are taken. Your instructors will provide further information.

4 Prohibition of extracurricular activities during the New Year's holiday

For the following period at the beginning of next year, we will temporarily prohibit extracurricular activities. During this period, we will also cease the lending of university facilities for group activity use.

- Extracurricular activity prohibition period: January 1st (Fri) to January 20th (Wed), 2021 (Reiwa 3)

5 Behavior during the New Year's holiday

- Regardless of whether you leave the prefecture, we strongly encourage you to refrain from eating, drinking, or taking part in events such as get-togethers and karaoke in large groups (5 or more people) or for long periods (2 or more hours).
- When leaving the prefecture, please understand that COVID-19 is mainly transmitted via droplets and physical contact. For your stay and while you are traveling, wear a mask, carry (and use) hand disinfectant, stay away from crowds, consider using transportation methods that present a low risk of infection, etc. During your stay, pay attention to your behavior by avoiding meals with non-family members, etc.
- Please also refer to “KUT’s Response to the Novel Coronavirus” on our university website (under "Response to the Coronavirus (COVID-19)").