

To All Students

Outbreak Areas as of January 15th Friday

*Prefectures where the number newly infected per 100,000 people is 15 or greater

Hokkaido, Miyagi, Ibaraki, Tochigi, Gunma, Saitama, Chiba, Tokyo, Kanagawa, Yamanashi, Nagano, Gifu, Shizuoka, Aichi, Shiga, Kyoto, Osaka, Hyogo, Nara, Okayama, Hiroshima, Fukuoka, Saga, Nagasaki, Kumamoto, Miyazaki and Okinawa

- **Applied Period: January 18th Monday – January 24th Sunday**
- If you must travel to an outbreak area (excluding Kochi Prefecture) due to unavoidable circumstances, stay at home and monitor your health for a period of 14 days, with the day following your return to Kochi Prefecture counted as the first day.
- Travel subject to restrictions: All travel, including personal travel, job hunting, extracurricular activities, research, academic conference participation, etc. (includes day trips)

Where to travel	Necessity of self-quarantine for 14 days
Within Kochi	NOT Necessary
Outside of Kochi (NOT Outbreak Areas)	NOT Necessary
Outside of Kochi (Outbreak Areas)	Necessary