

May 17, 2021

To all students

## Points to Note for attending face-to-face classes

Educational Affairs Division · Student Affairs Division

Due to the prevalence of highly infectious mutant strains, the outlook for the containment of the COVID-19 infection continues to be uncertain. We have updated our December 3, 2020 notice, "Commencement of Classes in Fourth Quarter".

Please check the following information and keep in mind the measures to prevent infection.

### **1 Preconditions (Conditions to join university-related activities)**

Please make sure and check once again that you must meet all the three conditions which are described in "Item6" of "KUT's Response to the Novel Coronavirus (COVID-19)" at the following link.

<https://www.kochi-tech.ac.jp/english/news/2021/005097.html>

### **2 Daily Temperature Monitoring and Health Logging**

To curb the spread of infection, it is critical that each student and faculty member develop the habit of checking and recording his or her health on a daily basis. Record your temperature daily and check for any health abnormalities, logging the results.

You can use either the A. 「健康日記」(Kenko Nikki) smartphone app or B. Health observation record (Excel file) described below to track your health. Participation in face-to-face classes, training, and other university-related activities may require reporting your condition.

#### A. 「健康日記」(Kenko Nikki)

This smartphone app lets you record your daily temperature and potential symptoms and e-mail them as data to others. (Japanese version only)

<https://www.htech-lab.co.jp/covid19/> (Japanese only)

\*Please combine your student ID (number) and full name for your username (nickname).

E.g., 1240999RyomaSakamoto

\*After logging into the app, click on the "「健康フォローアップ特設ページ」 (Health Follow-Up Special Page) " button to record any symptoms and your temperature.

\*「健康日記」 is a health management application developed and provided by HealthTech.Lab Inc.

## B. Health observation record

Download the Excel file template linked below and use it to indicate your symptoms, temperature, and activities.

[Health Observation Record \(Academic Year 2021\)](#)

### **3 Self-study Rooms at Campus**

Some of the students may need to take some online classes on campus due to the timetable of his/her registered classes. If you need to, please use WS rooms and library as self-study rooms.

\*WS rooms are available when it's not used for face-to-face classes.

\*Also, students can use rooms which are not used for classes at Kami campus, and B205 and B206 at Eikokuji campus as self-study rooms.

### **4 Infection Prevention Measures in Classes/Examinations, etc.**

#### **(1) Class seating arrangements**

Please leave one seat between you and other class members when sitting in classrooms if an acrylic panel is not installed between the next seat (refrain from using seats marked with sign which says do not use).

#### **(2) Preparations**

- Masks (must be worn during classes)
- Sanitizers or sanitizing sheets etc.
- Comfortable clothing

\*For ventilation, open windows and doors at all times (at least two locations in each room) or periodically. This may prevent the air conditioning from functioning properly, so it is necessary to take measures against heat stroke as well as against heat and cold according to the climate.

\*Please take off your mask temporarily when rehydrating or when you cannot stand the excessive heat or have difficulty breathing.

#### **(3) Other rules for before, during and after classes**

- Please wash your hands thoroughly with soap and/or alcohol disinfectant before class.
- Be careful not to come into close contact with other students when entering and leaving the classroom.

- In cases where a classroom is in use for two consecutive periods by different classes, entering students should enter via the front entrance (nearest the teacher's desk) and leaving students should exit via the rear entrance.
- When entering a classroom, please disinfect the desk and chair you will be using with the disinfectant (Kantan maipetto: かんたんマイペット) and paper towels provided at the classroom's entrances.
- Please refrain from chatting with other students during class. Students should only speak when instructed to by the teacher.



Kantan maipetto  
かんたんマイペット

## 5 Lunch Times

The cafeteria becomes extremely crowded during lunch time especially from 12:00 to 12:45. Depending on your class timetable, try to refrain from eating at the cafeteria when possible by taking meals off campus or bringing your own meals. The following are some areas that can be used other than the cafeteria to take meals.

- |                         |                   |
|-------------------------|-------------------|
| <Kami Campus>           | <Eikokuji Campus> |
| - Auditorium foyer      | - B205            |
| - Any unused classrooms | - B206            |

(Eating and drinking in classrooms is permitted as a special countermeasure to prevent COVID-19 infection)

### 【Note】

- Keep social distance from people in front, back and both sides of yours when you are in waiting line at the entrance of cafeteria, serving stands, etc.
- Refrain from talking during meals and try to keep meal time to a minimum.
- Please offer your seat for next person after you finish eating.
- When you have meals with multiple people at where is not installed splash prevention panels, please take thorough measures not to splash your droplets into other's meals, such as keeping distance, arranging seats and so on. Eating and drinking are prohibited in Common Spaces which is in 4th floor at Kami Campus and 4th/6th floors at Eikokuji Campus.

## 6 Other Infection Prevention Measures

- Wear a mask at all times within school buildings. Masks may be removed as appropriate when outdoors at a sufficient distance from others or if you find it difficult to breathe.
- Wash your hands thoroughly when arriving at university, before and after classes and meals, and after using the bathroom.
- Please disinfect your hands using the alcohol sprays located throughout the campuses.

- While we will not prohibit meeting with friends at meal times or during breaks, please refrain from talking without masks, at close distances and speaking loudly.
- Elevators are extremely confined spaces with highly chance of 3Cs situation. Please use the stairs whenever possible.
- Please keep to the right-hand side when using the stairs and walking through corridors.
- Strongly requesting you to avoid parties and karaoke with high risk of infection.
- Eating and drinking increase the risk of infection as masks are not worn. When dining out, do your best to do so in small numbers (4 people or fewer) and at restaurants with infection prevention measures in place.
- Be mindful of taking infection prevention measures before, during and after club activities including during practice by wearing masks in locker rooms and clubrooms, etc. Also strongly requesting to refrain from dining together with a big group (over 5 people) before and after the activities.
- In regards to part-time jobs, it is important to always wear a mask while working and working somewhere that has infection prevention measures in place.
- We strongly recommend the use of COCOA (Contact Confirming Application), an application run by the Ministry of Health, Labour and Welfare for tracking COVID-19.  
[https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/cocoa\\_00007.html](https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/cocoa_00007.html)

\*In the case of a confirmed contact with a positive person through COCOA, please contact the Novel Coronavirus Health Support Center (TEL: 088-823-9300) and request for consultation with a doctor. If you took or take a PCR test as a result, please contact International relations Section.