

令和5年度経済・マネジメント学群 総合型選抜  
英語区分  
英語能力検査 問題文

**Interview Section**

Part 1 Icebreaking Questions (approx. 2 min.)

Part 2 Comprehension questions (approx. 5 min.)

No. 1 What is the purpose of the reading?

No. 2 Explain “the four A’s” briefly in your own words.

No. 3 What does the author say we should do, if we can’t avoid a stressful situation?

No. 4 What are the four things we can do to accept the things we can’t change?

Part 3 Discussion (approx. 8 min.)

No. 1 How often do you often feel stress?

No. 2 Do you think stress is a good thing or a bad thing?

No. 3 We are living in a highly stressful society now. What do you do to stay mentally and physically healthy? Give us some suggestions.

**Writing Section**

We are living in a highly stressful society now. What do you do to stay mentally and physically healthy? Give us some suggestions.