

## 要 旨

### 高知県における五感を用いた環境共育の実施

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#### 要旨

次代を担う子どもたちは「今」数多くの問題が見受けられる。そこで、子どもたちが抱える現状の問題を打開する一つの方法として「環境教育」の実施が挙げられる。また、私が昨年春に高知県の主催する植樹体験のイベントに参加した際、「五感」を通じて「生きている」実感を得た。この実感を子ども達にも感じて欲しいと思い、高知県の特色でもある「森林」環境を活用した、環境教育を企画・計画し、実施した。なお、ここで使う環境教育は「教育」ではなく、「共育」を使う。環境教育の体験活動を通じて、共に学び、共に育むことが今を生きる子ども達に大切であると考えたからである。

実施に向け、(社)高知県森と緑の会の皆様のご協力とご支援の下、企画・計画を行った。プログラム案を考え、企画書を作成し、土佐山田町立楠目小学校と高知大学教育学部附属養護学校に参加の呼びかけを行った。障がいに関係なく、「共育」が出来ると考えたからである。また、先生方には急な依頼で大変ご迷惑をお掛けしたが、たくさんの方々にお声をかけて頂いたお陰で、たくさんの参加者が集い、実施することが出来た。

実施後、参加者の感想から評価を行った結果、「子ども」と「大人」の感想を分けると、子どもは五感の中の一感によって自然を感じたのに対して、大人は自分と誰かを想いながら自然を感じたことが分析から伺うことが出来た。

キーワード 子ども 環境共育 五感 生きている実感

## **Abstract**

# Execution of environmental education program using the five senses in Kochi

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### English Abstract

Nowadays, not a few children responsible for the next era are facing many serious problems. Environmental education is considered one of methods to solve these problems. In addition, I felt the feeling that I am being really alive through the five senses when I participated in an event of tree planting that Kochi prefecture sponsored in the last spring. Feeling that I wanted many children to feel this alive feeling, therefore, I plan and execute the environmental education program fully utilizing the forest environment that is a characteristic of Kochi. It should be noted that this environmental education emphasizes the viewpoint of “growing together” instead of the traditional viewpoint of “teaching and fostering.” Through my participation in various environmental education programs, I became to believe that it is important for children to learn together and grow together.

Toward the execution, I planned and developed the program with full support and cooperation by the incorporated association of forest and green in Kochi prefecture. Then I asked Kuzume elementary school in Tosayamada town and the school for the disabled children attached to the Department of Education at the Kochi University to participate in this program. I sent invitation letters to these schools because I believe that students at these schools can grow together regardless of handicap. Although I bothered their teachers by a sudden request, they ask many of their students to participate in this program. Because of their kind cooperation, I was happy to have many participants and to run the program smoothly.

After the program I asked participants their impressions towards the program and tried to analyze its effectiveness. Results of the analysis seem to show that there is some distinction in between impressions by children and adults. Many children were feeling the nature through one of the five senses. On the other hand, many adults were feeling the nature while bringing back the past of him/herself or thinking about important person deeply.

**Key words** child, environmental education, the five senses,  
the actual feeling of being alive